

Havdalah



הַבְּדָלָה

Blessings to say goodbye to Shabbat with light, wine & spices

Havdalah is a fun, sensory Jewish experience for your family.

Make Havdalah in a dimly lit room or go outside. You need:

- 3 stars in the sky to indicate that Shabbat is truly over
- A cup filled to the brim with wine or grape juice
- Fragrant spices (*b'samim*)—dried flowers, cinnamon, cloves...
- A Havdalah candle or two regular candles held together so that the wicks touch. Make sure there is aluminum foil around the bottom of the candles to catch the dripping wax.

1. Light the Havdalah candle and assign a family member to hold it. Raise the wine cup and say the following, then set down the cup untasted until the end of the fourth blessing:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מִלְּךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

Barukh Atah Adonai Eloheinu Melekh ha-olam, borei p'ri hagafen.

Praised are You Adonai our God, who rules the universe, creating the fruit of the vine.

2. Lift the spices (*b'samim*). Say the blessing, then have everyone smell the *b'samim*.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מִלְּךְ הָעוֹלָם, בּוֹרֵא מִיַּי בְּשָׂמִים.

Barukh Atah Adonai Eloheinu Melekh ha-olam, borei minei b'samim.

Praised are You Adonai our God, who rules the universe, creating fragrant spices.

3. Say the blessing, then look at the reflection of the flames in your hands.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מִלְּךְ הָעוֹלָם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ.

Barukh Atah Adonai Eloheinu Melekh ha-olam, borei m'orei ha-eish.

Praised are You Adonai our God, who rules the universe, creating the lights of fire.



4. Lift the wine cup, and say the following blessing. Then it's time to drink the wine/juice, and extinguish the candle in the rest of the wine/juice.

ברוך אתה יי אלהינו מלך העולם, המבדיל בין קדש לחול,
 בין אור לחשך, בין ישראל לעמים,
 בין יום השביעי לששת ימי המעשה.
 ברוך אתה יי המבדיל בין קדש לחול.

*Barukh Atah Adonai Eloheinu Melekh ha-olam, hamavdil bein kodesh l'hol,
 bein or l'hoshekh, bein yisrael la'amim,
 bein yom hash'vi'i l'sheishet y'mei hama-aseh.
 Barukh Atah Adonai hamavdil bein kodesh l'hol.*

Praised are You Adonai our God, who rules the universe, endowing all creation with distinctive qualities, distinguishing between the sacred and the secular, between light and darkness, between Israel and the other holy peoples in the world, between the seventh day and the six working days of the week. Praised are You Adonai, who differentiates the sacred from the secular.

5. Havdalah songs: **Eliahu Hanavi** אֱלִיָּהוּ הַנְּבִיא

אֱלִיָּהוּ הַנְּבִיא אֱלִיָּהוּ הַתְּשֻׁבִי אֱלִיָּהוּ הַגִּלְעָדִי :
 בְּמַהֲרָה בְּיָמֵינוּ יָבֵא אֵלֵינוּ עִם מְשִׁיחַ בֶּן דָּוִד :

Eliahu hanavi, Eliahu hatishbi, Eliahu hagiladi. Bimherah veyameynu yavo eleynu, im mashi'ach ben David.
 Elijah the prophet, come speedily to us hailing messianic days.

SHAVUA TOV! שָׁבוּעַ טוֹב!

A good week, a week of peace, may gladness reign and joy increase.

Hug & wish each other a *Shavua Tov* (Good Week)!

Havdalah Blessings on Youtube:

<http://www.youtube.com/watch?v=Gebbsb-po8jY>



Havdalah Books:

- *A Day Apart: Shabbat at Home* by Noam Sachs Zion and Shawn Fields-Meyer
- *Annie's Shabbat* by Sarah Marwil Lamstein
- *The Art of Jewish Living: The Shabbat Seder* by Dr. Ron Wolfson
- *Building Jewish Life: Shabbat* by Torah Aura Productions
- *Shabbat* by Miriam Nerlove
- Siddur (prayer book) has the Havdalah blessings