Havdalah



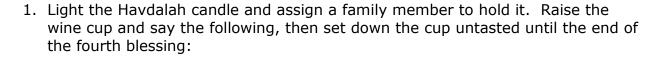
הַבְדַלַה

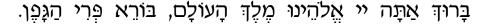
Blessings to say goodbye to Shabbat with light, wine & spices

Havdalah is a fun, sensory Jewish experience for your family. Make Havdalah in a dimly lit room or go outside. You need:

- 3 stars in the sky to indicate that Shabbat is truly over
- A cup filled to the brim with wine or grape juice
- Fragrant spices (b'samim)—dried flowers, cinnamon, cloves...
- A Havdalah candle or two regular candles held together so that the wicks touch.
 Make sure there is aluminum foil around the bottom of the candles to catch the dripping wax.







Barukh Atah Adonai Eloheinu Melekh ha-olam, borei p'ri hagafen.

Praised are You Adonai our God, who rules the universe, creating the fruit of the vine.



2. Lift the spices (*b'samim*). Say the blessing, then have everyone smell the *b'samim*.

Barukh Atah Adonai Eloheinu Melekh ha-olam, borei minei b'samim.

Praised are You Adonai our God, who rules the universe, creating fragrant spices.



3. Say the blessing, then look at the reflection of the flames in your hands.

ַבָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֵלֶךְ הָעוֹלָם, בּוֹרֵא מִאוֹרֵי הָאֵש.

Barukh Atah Adonai Eloheinu Melekh ha-olam, borei m'orei ha-eish.

Praised are You Adonai our God, who rules the universe, creating the lights of fire.



4. Lift the wine cup, and say the following blessing. Then it's time to drink the wine/juice, and extinguish the candle in the rest of the wine/juice.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמַּבְדִיל בֵּין קֹדֶשׁ לְחוֹל, בֵּין אוֹר לְחשֶׁךְ, בֵּין יִשְׂרָאֵל לָעַמִּים, בֵּין יוֹם הַשְּׁבִיעִי לְשֵׁשֶׁת יְמֵי הַמַּעֲשֶׂה. בָּרוּךְ אַתָּה יי הַמַּבְדִּיל בֵּין קֹדֶשׁ לְחוֹל.

Barukh Atah Adonai Eloheinu Melekh ha-olam, hamavdil bein kodesh l'hol, bein or l'hoshekh, bein yisrael la'amim, bein yom hash'vi'i l'sheishet y'mei hama-aseh.
Barukh Atah Adonai hamavdil bein kodesh l'hol.

Praised are You Adonai our God, who rules the universe, endowing all creation with distinctive qualities, distinguishing between the sacred and the secular, between light and darkness, between Israel and the other holy peoples in the world, between the seventh day and the six working days of the week. Praised are You Adonai, who differentiates the sacred from the secular.

5. Havdalah songs: Eliahu Hanavi אֶליַהוּ הַנַּבִיא

אַלִּיָהוּ הַנָּבִיא אֵלִיָּהוּ הַתִּשְׁבִּי אֵלִיָּהוּ הַגִּלְעָדִי: בִּמְהֵרָה בִיָּמֵינוּ יָבֹא אֵלֵינוּ עִם מָשִׁיחַ בֵּן דְּוִד:

Eliahu hanavi, Eliahu hatishbi, Eliahu hagiladi.Bimherah veyameynu yavo eleynu, im mashi'ach ben David.

Elijah the prophet, come speedily to us hailing messianic days.

SHAVUA TOV! יַשְבוּעַ טוֹב!

A good week, a week of peace, may gladness reign and joy increase.

Hug & wish each other a Shavua Tov (Good Week)!

Havdalah Blessings on Youtube:

http://www.youtube.com/watch?v=Gebsb-po8jY



Havdalah Books:

- A Day Apart: Shabbat at Home by Noam Sachs Zion and Shawn Fields-Meyer
- Annie's Shabbat by Sarah Marwil Lamstein
- The Art of Jewish Living: The Shabbat Seder by Dr. Ron Wolfson
- Building Jewish Life: Shabbat by Torah Aura Productions
- Shabbat by Miriam Nerlove
- Siddur (prayer book) has the Havdalah blessings