

Dear Friends,

Every year, as the New Year approaches, we consider all that has come to pass and what we hope will be. This year, our Westchester community continues to confront many challenges related to Covid-19, and we at Bet Am Shalom are once again asked to do all we can to support our neighbors who need food to sustain them during this difficult time.

If your own circumstances allow, you can help by contributing to our **High Holy Days Corners of Our Fields Food Drive**, which supports the regional food bank Feeding Westchester.

Here's how:

1. **Purchase** some of these non-perishable food items, which Feeding Westchester most needs:
 - White or brown rice
 - Whole grain pasta
 - Shelf stable milk
 - Canned fish
 - Canned vegetables
 - Peanut butter
 - Canned or dried beans
 - Whole grain cereal
 - Canned or dried fruit
 - Canned meals

When choosing items for donation, please look for labels which read:

Low Sodium, No Salt Added, No Sugar Added, Unsweetened, Reduced Sodium, 100% Fruit Juice No glass jars, and please do not include non-kosher meat/fish products in your donation.

2. **Bring** your donation to Bet Am Shalom and drop it off in one of two ways:
 - **Outdoor Drive-Through Food Donation Drop-off (we'll be there to help unload!)**

Sunday, September 26th	9a.m. – 3p.m.
Wednesday, September 29th	3p.m. – 6:30p.m.
 - Individual delivery during regular office hours (see BAS website). You bring your donation into BAS.

If possible, please pack your donations in reusable shopping bags. They will be distributed to families in need.

Our best wishes to you and your family for a happy, healthy, and peaceful New Year. *L'shanah tovah tikatevu.*

The Bet Am Shalom Tikkun Olam/Social Action Chevra